



Complete your 100% coursework ASDAN courses in PSHE and Sexual Relationships. Both courses combined, accredit up to 120 hours of activities and provide opportunities to develop your knowledge and skills in these areas and how to use them in the real world.

Looking at:

- Child sexual exploitation
- FGM
- Harassment
- Honour based violence
- Rape
- Sexual abuse

SUBMISSION OF COURSEWORK

CULTURE & SOCIETY

Looking at:

- Abusive relationships
- Teenage relationship issues

PERSONAL SKILLS

Looking at:

- Contraception
- Contraception advice
- STIs
- Pregnancy

CONTRACEPTION & SEXUAL HEALTH

Looking at:

- LGBTQ
- Abstinence

SEXUAL ACTIVITY & BEHAVIOUR

Looking at:

- Trends in relationships
- Monogamy

RELATIONSHIPS

Looking at:

- Body knowledge
- Body image
- Changes during puberty
- How to discuss reproduction with children
- TV programme review on body issues

BODY KNOWLEDGE

YEAR 11

ECONOMIC RESPONSIBILITY

Looking at:

- Depression
- Visit from resolve Drugs Charity

WELLBEING

Looking at:

- Future choice
- Rights & responsibilities
- Pathways @ 16 / 18
- Work life balance
- Social media platforms

CAREERS & YOUR FUTURE

Looking at:

- Identities, prejudice & discrimination
- Social networking
- Conflict situations / bullying
- Suspicion and intolerance

SOCIAL RELATIONSHIPS

Looking at:

- Good hygiene
- Illegal drugs
- Deaths in young people
- Risk taking
- Health promotion campaigns

KEEPING HEALTHY

Looking at:

- Sex and the law
- Contraception
- STIs

SEX, SEXUALITY & SEXUAL HEALTH

Looking at:

- Aspirations
- Future plans
- Personal brand
- Opportunities
- Improving my prospects

PLANNING FOR THE FUTURE

Looking at:

- Impact of drug taking
- Managing situations involving drugs

ALCOHOL, TOBACCO & OTHER DRUGS

Looking at:

- FGM (female genital mutilation)
- First Aid and CPR
- Who can help?

RISK & SAFETY

Looking at:

- Hate crime and radicalisation
- How can I contribute to my community?
- What do voluntary agencies do?
- How can we challenge prejudice and discrimination?

HEALTHY LIFESTYLE

Looking at:

- Recognising the signs of poor mental health
- Ways to look after emotional wellbeing

COMMUNITIES

Looking at:

- What makes a good parent?
- What things do you need for a baby?
- Lifestyle choices in pregnancy
- Disciplining children
- Adoption & fostering

BECOMING A PARENT

Looking at:

- Faiths and values
- How am I doing?
- What are my responsibilities?

IDENTITY

Looking at:

- Menstrual wellbeing
- Personal hygiene
- Why are

ALCOHOL, TOBACCO & OTHER DRUGS

Looking at:

- Choices around sex
- Pornography and Sexting

RELATIONSHIPS & SEX, SEXUALITY & SEXUAL HEALTH

Looking at:

- How can we value each other?
- What makes a successful community?
- What can cause problems in communities?

COMMUNITIES

Looking at:

- Feelings and how to manage them
- What impacts on emotional wellbeing?
- How do I cope with loss and bereavement?

EMOTIONAL WELLBEING & MENTAL HEALTH

Looking at:

- Gender identity
- Stereotypes

IDENTITY

Looking at:

- Conception, pregnancy and birth
- Why am I feeling like this?
- Pantosaurus

RELATIONSHIPS & SEX, SEXUALITY & SEXUAL HEALTH

Looking at:

- What we mean by risk?
- How do we manage risky situations?
- Being assertive and dealing with pressure
- Bullying

RISK & SAFETY

Looking at:

- Exercise
- Things that support our health

HEALTHY LIFESTYLE

Looking at:

- Different types of relationships
- Healthy relationships

RELATIONSHIPS

Looking at:

- What are emotional wellbeing & mental health?
- What is a mental health condition?

EMOTIONAL WELLBEING & MENTAL HEALTH

Looking at:

- How is Year 7 different?
- Who am I?
- What does family mean?
- How do I contribute to family life?

IDENTITY

Looking at:

- What do we need to keep healthy?
- Healthy eating

HEALTHY LIFESTYLE

Looking at:

- Understanding our communities
- Difference
- Values

COMMUNITIES

Looking at:

- What are our goals for this year, fears and worries about the future?

GOALS FOR THE FUTURE

Looking at:

- How did he achieve his dream?

TOM DALY CASE STUDY

Looking at:

- How are we different from each other?

CELEBRATING DIFFERENCE

Looking at:

- What are you good at and what are your long-term goals?

STRENGTHS & GOALS

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